Imogene King
King's Conceptual System & Theory of Goal Attainment

Brandon Rachal

Imogene King

- *First to develop nursing framework **and** a nursing theory related to the nursing framework*

Ancestry of Imogene King

Born in West Point, Iowa
▼

January 30, 1923

Ancestry of Imogene King

Received diploma in nursing from St. John's
Hospital School of Nursing, St. Louis, MO
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1945

Ancestry of Imogene King

Received BSN in Nursing Education from Saint Louis University, Saint Louis, MO

1948

Ancestry of Imogene King

Received MSN from Saint Louis University, Saint Louis, MO

1957

Ancestry of Imogene King

Received Doctorate of Education from Teacher's College, Columbia University, NYC

▼

1961

Ancestry of Imogene King

While working as associate professor of nursing at Loyola University in Chicago (1961-1966), she developed a master's degree program **and** published her **first** theory article in *Nursing Science* with Dr. Martha Rogers as editor

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1964

Ancestry of Imogene King

Served as Assistant Chief of Research Grants Branch, Division of Nursing in the US Department of Health, Education, and Welfare.

Published **"A Conceptual Frame of Reference for Nursing"** in *Nursing Research*

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1966-68

Ancestry of Imogene King

Served as director of the School of Nursing at Ohio State University in Columbus

Published her first book (1971) *Toward a Theory for Nursing: General Concepts of Human Behavior*

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1968-72

Ancestry of Imogene King

Received Honorary Doctorate from Southern Illinois University

Appointed professor at University of South Florida, College of Nursing , Tampa FL

1981 –Published her second book, *A Theory for Nursing: Systems, Concepts, Process*

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1980-81

Ancestry of Imogene King

Published **third** book, *Curriculum and Instruction in Nursing: Concepts and Process*

1990 – Retired and named professor emeritus at University of South Florida

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1986-90

Intellectual Ancestors & Philosophy

- Systems and Interactional Approach
- General System Theory & Interaction Theory
  - Ludwig Von Bertalanffy
- Greek Philosophy
  - Aristotelian-Thomas perspective
    - Individuals strive for the end goal of happiness and flourishing

Developing a Theory

1968 – In *A Conceptual Frame of Reference for Nursing*, King began to argue that a theoretical body of knowledge was necessary for the advancement of nursing

Introduced Concepts of **Social Systems, Health, Interpersonal Relationships, and Perceptions**

Refining a Theory

1971 – In ***Toward a Theory for Nursing**, *began to refine the conceptual system*

- What is the goal of nursing?
- What are the functions of nurses?
- How can nurses continue to expand knowledge to provide quality care?

➕ Environment and Person

➕ Health and Illness

➖ Adaptation
➕ Adjustment

➖ Man
➕ Human Being

Refining the Conceptual System

Conceptual Model

Reflects the metaparadigm of **person, environmental, health,** and **nursing as systems**

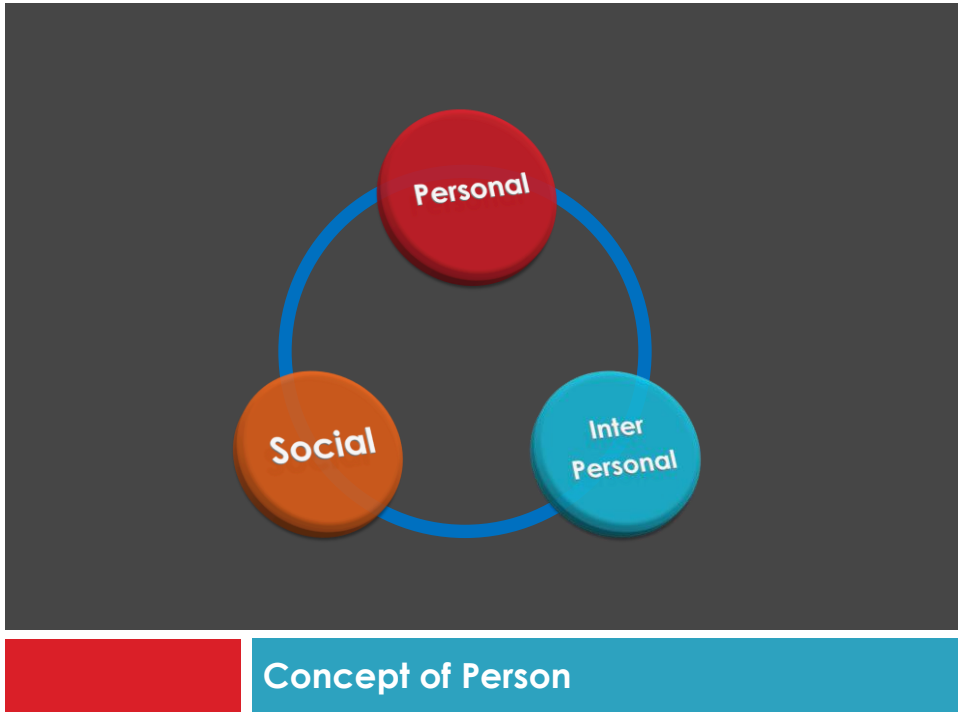*Open systems interacting with the environment*

Environment

□ Holistic & Transformative

□ Individuals continually adjust their **internal** environment to transform energy to adjust with the continuous change of the **external** environment
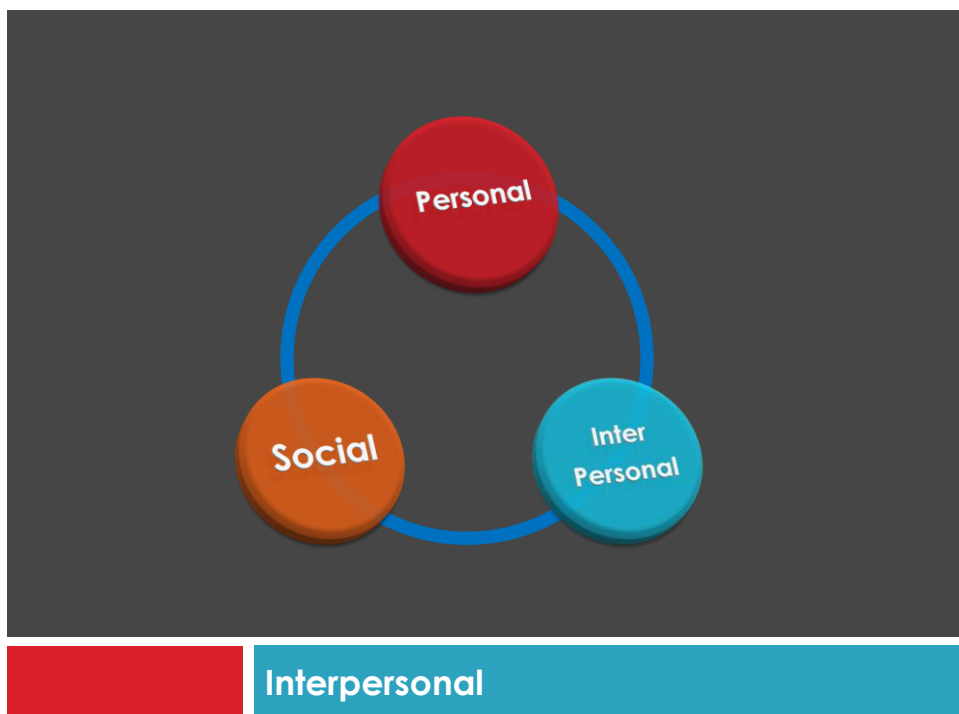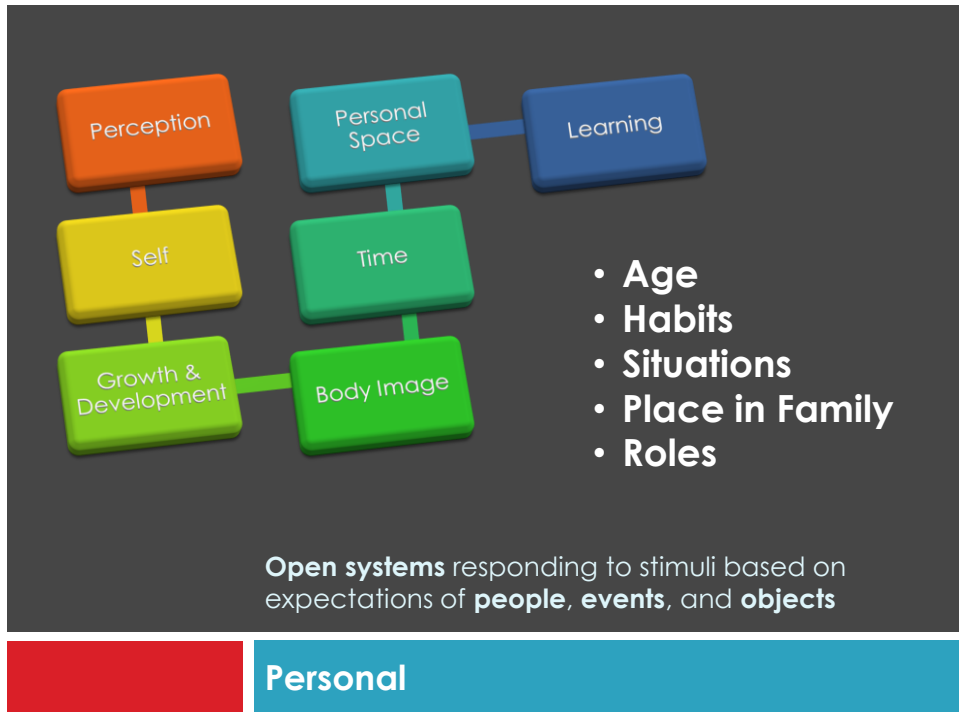
Health

- A **process** of human growth & development
  - Constant dynamic change in state of health

- Relates to how individuals **deal with the stress** related to growth & development **while functioning** with in the cultural patterns which the were born and attempt to conform

- *Illness* is an **imbalance** in the person's physiological and psychological makeup **causing a disturbance in state of person**

Nursing

- Focus is human being & human acts

- Action – Reaction – Interaction
  - Share information about **perception** of the situation
  - This **interaction** leads to nurse-client **transactions** to establish expectations, mutual goals, and interdependent roles

Concept of Person

Individuals (patient or nurse) gathers information to assess him in understanding others

Personal

- **Age**
- **Habits**
- **Situations**
- **Place in Family**
- **Roles**

Open systems responding to stimuli based on expectations of **people**, **events**, and **objects**

Personal

Interpersonal
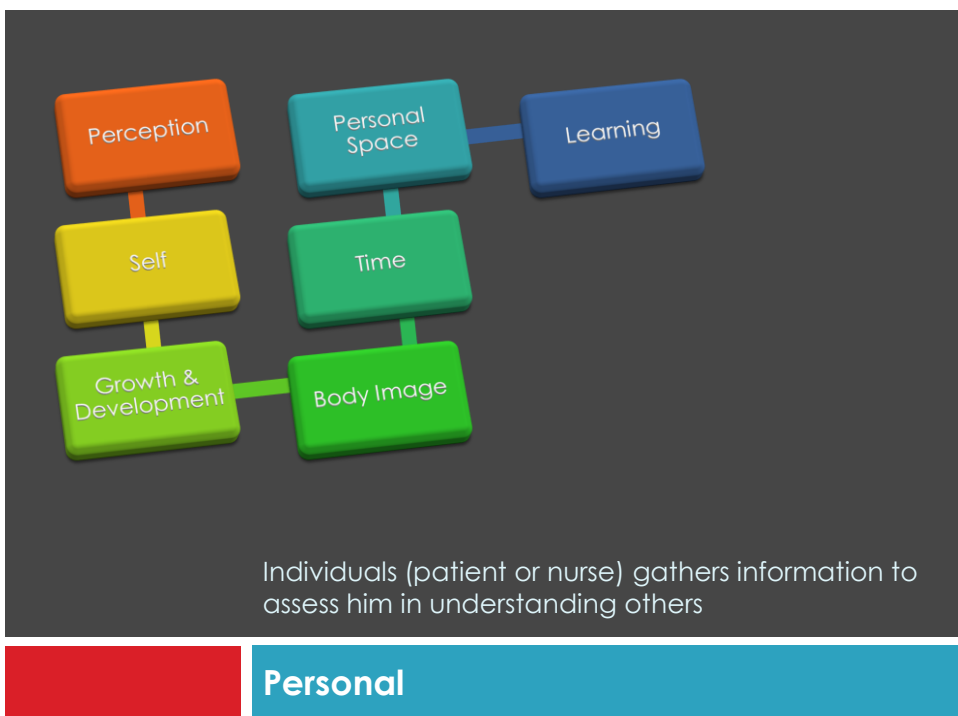
Concepts

Communication
Interaction
Roles
Stress
Coping
Transactions

Dyads or triads of people interacting. **Perceptions** shape the person to person *interactions* BUT **communication** is the mode through which individuals make *transactions*

Interpersonal

Setting goals

Choosing attainment strategies

Maintaining their health

Interpersonal Transactions
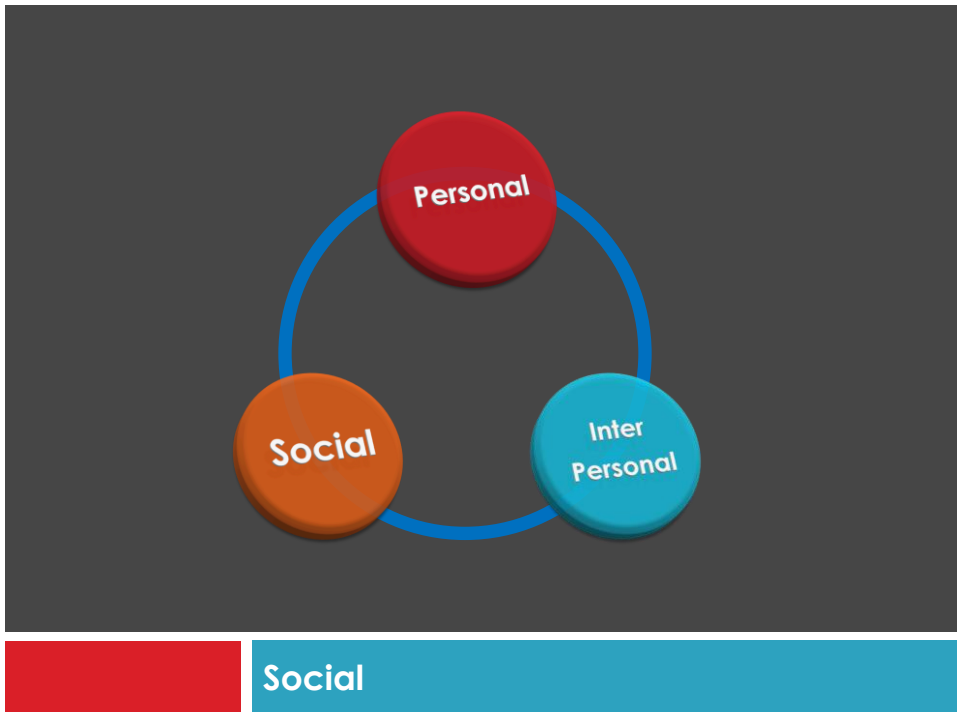
Social

Concepts

Authority
Decision Making
Organization
Power
Status

Organized boundary system of social roles,
behaviors, & practices developed to maintain
values and the mechanisms to regulate practice
rules

Social

## From Conceptual Framework to Midrange Theory

1981 – What is the nature of nursing?

***A Theory for Nursing: Systems, Concepts, Process***

Goal Attainment Theory

- Mutual goal setting between a nurse and a client is based on
  - **(A)** nurses' assessment of a client's concerns, problems, and disturbances in health
  - **(B)** nurses' and clients' perceptions of tine interference; and
  - **(C)** their sharing of information whereby each functions to help the client attain the goals identified

A Model of Transaction
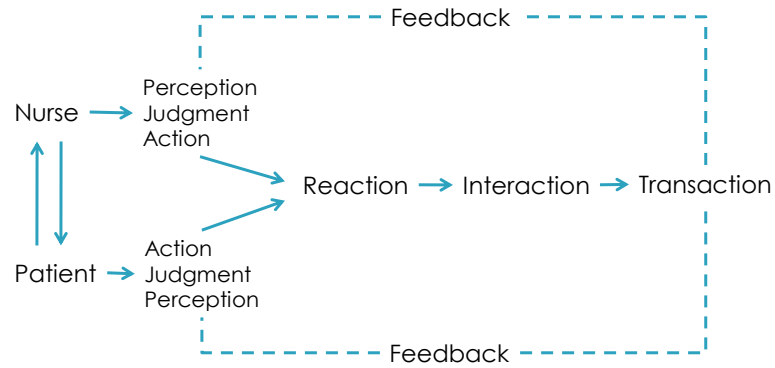
If perceptual congruence is present in nurse-client interactions, transactions will occur
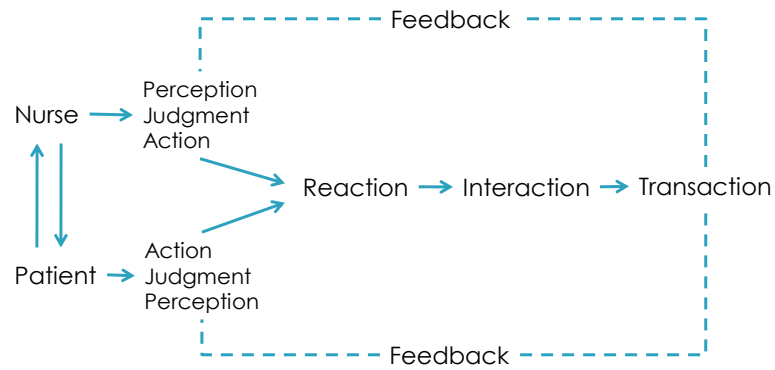
A Model of Transaction
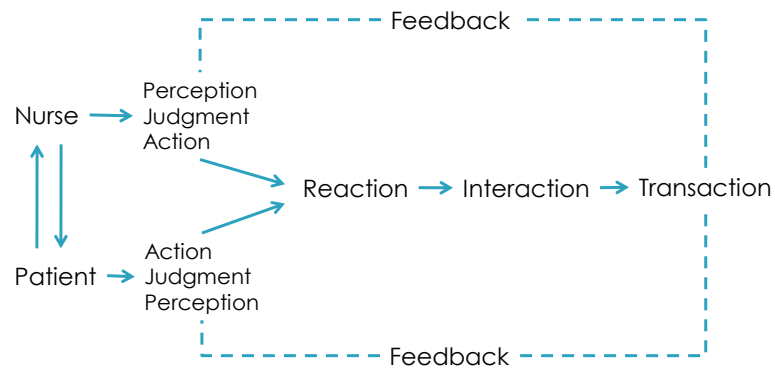
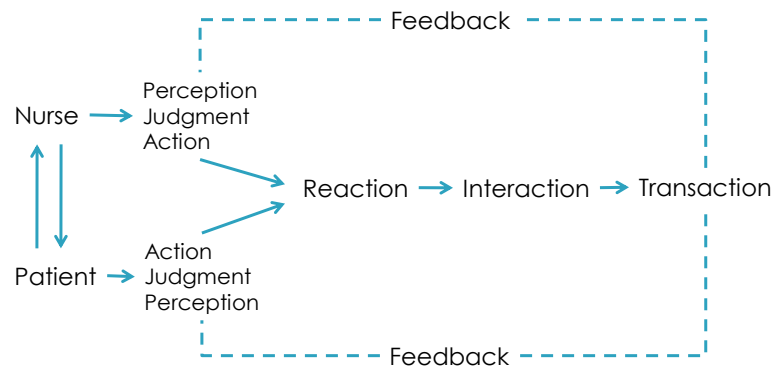*If nurse and client make transactions goals will be attained*
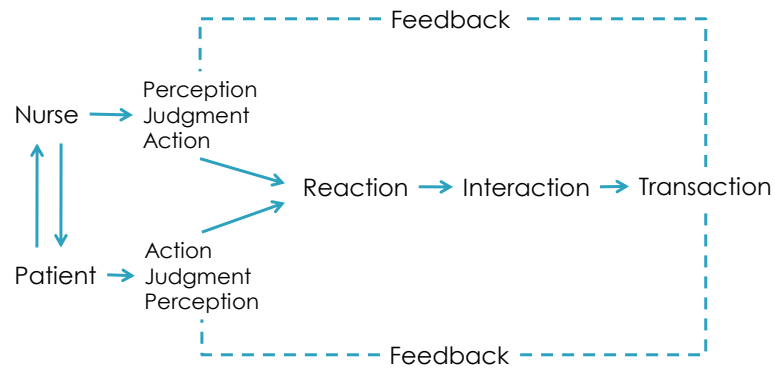
A Model of Transaction

If goals are attained satisfactions will occur

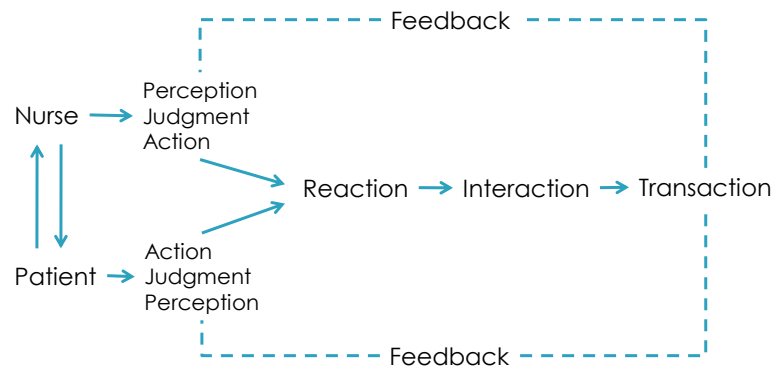# A Model of Transaction

If transactions are made in nurse-client interactions, growth and development will be enhanced
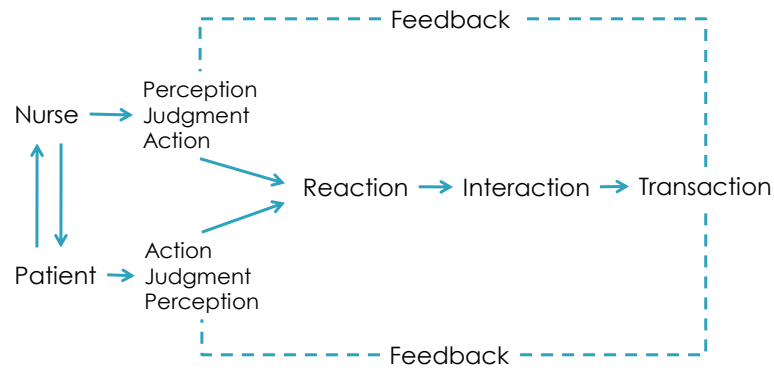
A Model of Transaction

If role expectations and role performance as perceived by nurse and client are congruent transactions will occur

A Model of Transaction

If role conflict is experienced by nurse and client or both, stress in nurse-client interactions will occur

A Model of Transaction

If nurses with special knowledge and skills communicate appropriate information to clients, mutual goal setting and goal attainment will occur

Major Assumptions

Overall, based on her conceptual framework

The focus of **nursing** is **human beings interacting** with their **environment** leading to a state of **health** for **individuals** which is an ability to function in **social roles**

Conceptual Assumptions
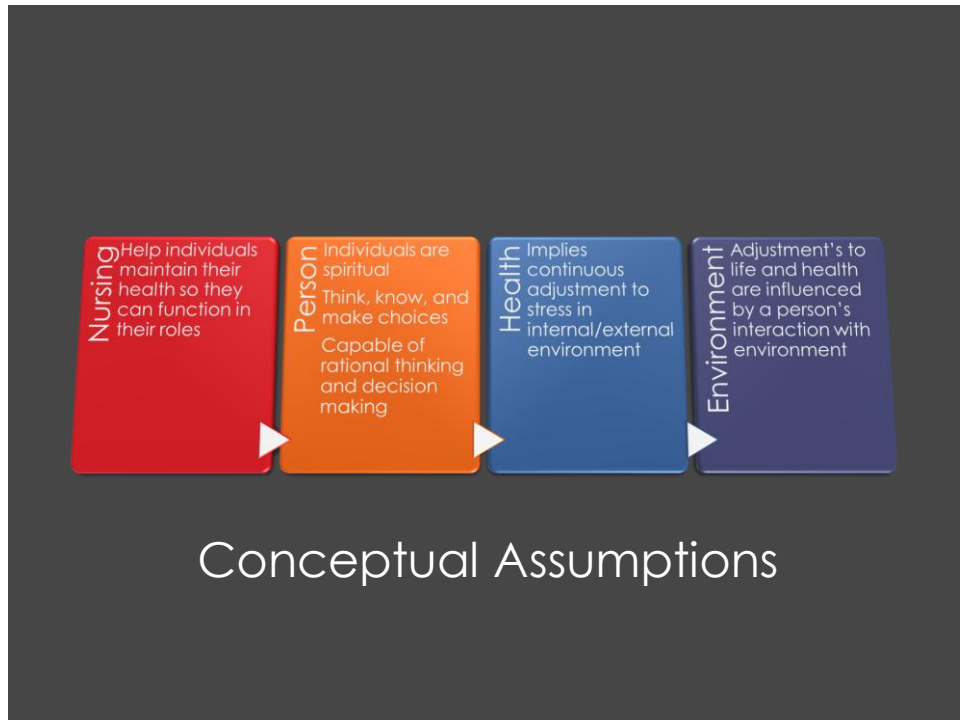
Empirical Referents

- **Curriculum Development**
  - OSU / Loyola / University of Florida

- **Documentation System**
  - Goal Oriented Nursing Record

- **Short Term Psychotherapy**

- **Nursing Practice**
  - Nursing Administration
  - Healthcare Organizations
  - Clinical Pathways
  - Nursing Informatics

Significance