Imogene King
King’s Conceptual System & Theory of Goal Attainment

Brandon Rachal

Imogene King

- First to develop nursing framework and a nursing theory related to the nursing framework
Ancestry of Imogene King

Born in West Point, Iowa

January 30, 1923

Ancestry of Imogene King

Received diploma in nursing from St. John's Hospital School of Nursing, St. Louis, MO

1945
Ancestry of Imogene King

Received BSN in Nursing Education from Saint Louis University, Saint Louis, MO

1948

Received MSN from Saint Louis University, Saint Louis, MO

1957
Received Doctorate of Education from Teacher’s College, Columbia University, NYC

While working as associate professor of nursing at Loyola University in Chicago (1961-1966), she developed a master’s degree program and published her first theory article in *Nursing Science* with Dr. Martha Rogers as editor.
Ancestry of Imogene King

Served as Assistant Chief of Research Grants Branch, Division of Nursing in the US Department of Health, Education, and Welfare.

Published “A Conceptual Frame of Reference for Nursing” in *Nursing Research*. 

1966-68

Served as director of the School of Nursing at Ohio State University in Columbus.

Published her first book (1971) *Toward a Theory for Nursing: General Concepts of Human Behavior*. 

1968-72
Ancestry of Imogene King

Received Honorary Doctorate from Southern Illinois University

Appointed professor at University of South Florida, College of Nursing, Tampa FL


1980-81

Ancestry of Imogene King

Published third book, *Curriculum and Instruction in Nursing: Concepts and Process*

1990 – Retired and named professor emeritus at University of South Florida

1986-90
Intellectual Ancestors & Philosophy

- Systems and Interactional Approach
- General System Theory & Interaction Theory
  - Ludwig Von Bertalanffy
- Greek Philosophy
  - Aristotelian-Thomas perspective
    - Individuals strive for the end goal of happiness and flourishing

Developing a Theory

1968 – In *A Conceptual Frame of Reference for Nursing*, King began to argue that a theoretical body of knowledge was necessary for the advancement of nursing

Introduced Concepts of Social Systems, Health, Interpersonal Relationships, and Perceptions
Refining a Theory

1971 – In *Toward a Theory for Nursing*, began to refine the conceptual system

- What is the goal of nursing?
- What are the functions of nurses?
- How can nurses continue to expand knowledge to provide quality care?

Refining the Conceptual System

- Environment and Person
- Health and Illness
- Adaptation
- Adjustment
- Man
- Human Being
Conceptual Model

Reflects the metaparadigm of person, environmental, health, and nursing as systems

Open systems interacting with the environment

Environment

- Holistic & Transformative

- Individuals continually adjust their internal environment to transform energy to adjust with the continuous change of the external environment
Health

- A **process** of human growth & development
  - Constant dynamic change in state of health

- Relates to how individuals **deal with the stress** related to growth & development **while functioning** with in the cultural patterns which the were born and attempt to conform

- **Illness** is an **imbalance** in the person’s physiological and psychological makeup **causing a disturbance in state of person**

Nursing

- Focus is human being & human acts

- **Action – Reaction – Interaction**
  - Share information about **perception** of the situation
  - This **interaction** leads to nurse-client **transactions** to establish expectations, mutual goals, and interdependent roles
Concept of Person

Individuals (patient or nurse) gathers information to assess him in understanding others

Personal
Open systems responding to stimuli based on expectations of people, events, and objects.

- Age
- Habits
- Situations
- Place in Family
- Roles

**Personal**

**Interpersonal**
Dyads or triads of people interacting. **Perceptions** shape the person to person *interactions* BUT *communication* is the mode through which individuals make *transactions*.
Social

Concepts

Authority
Decision Making
Organization
Power
Status

Organized boundary system of social roles, behaviors, & practices developed to maintain values and the mechanisms to regulate practice rules
1981 – What is the nature of nursing?

*A Theory for Nursing: Systems, Concepts, Process*

Goal Attainment Theory

- Mutual goal setting between a nurse and a client is based on
  - (A) nurses’ assessment of a client’s concerns, problems, and disturbances in health
  - (B) nurses’ and clients’ perceptions of time interference; and
  - (C) their sharing of information whereby each functions to help the client attain the goals identified
A Model of Transaction

If perceptual congruence is present in nurse-client interactions, transactions will occur.

If nurse and client make transactions goals will be attained.
A Model of Transaction

If goals are attained satisfactions will occur

A Model of Transaction

If transactions are made in nurse-client interactions, growth and development will be enhanced
A Model of Transaction

If role expectations and role performance as perceived by nurse and client are congruent transactions will occur.

A Model of Transaction

If role conflict is experienced by nurse and client or both, stress in nurse-client interactions will occur.
A Model of Transaction

If nurses with special knowledge and skills communicate appropriate information to clients, mutual goal setting and goal attainment will occur.

Major Assumptions

Overall, based on her conceptual framework

The focus of nursing is human beings interacting with their environment leading to a state of health for individuals which is an ability to function in social roles.
Conceptual Assumptions

Empirical Referents

- **Curriculum Development**
  - OSU / Loyola / University of Florida

- **Documentation System**
  - Goal Oriented Nursing Record

- **Short Term Psychotherapy**

- **Nursing Practice**
  - Nursing Administration
  - Healthcare Organizations
  - Clinical Pathways
  - Nursing Informatics
Significance